



TCT pt 4

TCT pt 4 (Salmon River Lake to Moshers Lake)

Length: 9 km one-way

Time: 4 hrs

Type: groomed path, old rail bed

Facilities: none

Closest Amenities: town of Guysborough,
Country Harbour

Rating: 2



Access Information: From Guysborough, travel east on Route 16 for to the Larrys River turnoff. Turn right and proceed approximately 200m where you will turn right again. Continue another 18 km to the Salmon River bridge. Turn left and watch for the TCT 104 sign, approximately 100-300 meters down the road that mark the trail access.

Special Features: This part of the Trans Canada Trail follows the rail corridor cross-country from Salmon River to Moshers Lake, and if you wish you may continue on to Country Harbour Crossroads. This corridor follows along many scenic lakes and areas of forestation and marshlands. Deer, moose, coyote and bear are prominent in this area. In addition, many species of ducks, geese and other waterfowl are abundant and eagles and hawks occasionally soar overhead. Along the rail bed, flora is extremely common, with berries, ferns and wildflowers available in season. Sections of this trail offer suitable areas for wilderness camping.

Description: Entering the Trans Canada trail at this point, hike in an easterly direction. This will take you around the southern point of Salmon River Lake, where the trail follows along the shoreline. As you continue along, you will travel close to the main road and then veer off towards Three Island Lake. Going past the tip of this lake, the trail takes a slight turn to the south and brings you along the shores of Big Beaver Dam Lake. Watch for beaver dams in this area, signs of this busy animals continuous work in our lakes and streams. This trail follows along the shores of many waterways. Throughout the entire hike, the lonely sounds of loons can be heard crying. Continuing on, you will pass by Beaver Dam Lake and Lyons Lake where you will encounter a walking bridge. Soon you will come to the area where the trail crosses the 12 Mile Woods road at the tip of Mosher Lake. This is your exit point should you be going one way. If you still feel the desire to explore further, you may continue hiking out to the Cross Roads at Country Harbour. If you have chosen to continue hiking, the trail will continue another 8.5km. The trail will wind along the southern shore of Mosher Lake and continue through Malay Meadow. Your journey will end at highway 316 where there is said to be an ancient Native burial ground, a reminder of the Mi'kmaq population that once lived in this area.

