

# Lazy Head



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**Length:** 5.6 km return

**Time:** 4 hrs

**Type:** coastal, forest path, barrens, wet areas

**Facilities:** none

**Closest Amenities:** village of Guysborough

**Rating:** 4 (overgrown and wet areas)



**Access Information:** From the town of Guysborough travel route 16 toward the town of Canso. Before you reach Canso you will see a sign of the left side of the road that points in the direction of the Sea breeze Campground. Take this road and follow it past the campground to the very end where you will begin your hike.

**Special Features:** The place name "Lazy Head" has been immortalized in the Stan Rogers folk song, Fogarty's Cove that was written in 1976. It is a place of immense rugged beauty and is found along the same coast of Chedabucto Bay that features other famous place names such as Half Island Cove, Halfway Cove, Queensport, Fox Island and Hazel Hill. Currently under the protective watch of the Fox Island Wilderness Association, this site, in and around Fogarty's Cove and Lazy Head has been the subject of a proposal to have this 1000-hectare area preserved under the Wilderness Area Protection Act.

**Description:** Leaving your vehicle you will head down to the beach and travel in a northeasterly direction towards to town of Canso. Directly across the water from where you begin you will have a great up-close view of Fox Island. For the first 500 meters you may travel along the rocky beach, however the rocks soon become too large and slippery to climb and you will want to climb up into the woods and follow the only slightly visible path through the trees. There are portions of this trail that are not clear. If you keep in mind that this is a coastal hike you will be fine. It is imperative that you don't wander into the woods too far. At times along this route you will be walking above 100-foot granite cliffs. The route weaves in and out of the woods and there are plenty of thorny bushes. It is wise to wear long pants on this journey and take a bucket to collect blueberries, cranberries and foxberries. The trek into Lazy Head is only approximately 2.8 km and the majority of this trail is through coastal granite barrens. There are many deep crevasses to peer down into where the sound of the ocean crashes just below you. The boggy terrain and spruce forest that makes up this route are home to moose, bald eagles and osprey. The end of this trail becomes obvious when you come upon a giant granite rock, Lazy Head. From here you can just see the outskirts of the town of Canso, and on a clear day you might see seals, dolphins or whales playing just off the coast. The return trip is simply back the same route taken.

